



Youth Local League Rules

The City of Greenville Parks & Recreation Department reserves the right to change and implement new rules at any time. We are committed to provide the best programs possible to ensure the best environment for the players, coaches and their respective families

Local Playing Rules (Rec Division)

	<u>Game Length</u>	<u>Goal Height</u>	<u>Basketball Size</u>	<u>Free Throw Distance</u>
K-5	(2) 12 min. halves	8 ft.	Junior (27.5")	13 ½ ft.
1 st & 2 nd Grade	(4) 6 min. quarters	8 ½ ft.	Women's	13 ½ ft.
3 rd & 4 th Grade	(4) 8 min. quarters	10 ft.	Women's	13 ½ ft.
5 th & 6 th / 7 th & 8 th Boys	(4) 8 min. quarters	10 ft.	Men's	15 ft.
5 th & 6 th / 7 th & 8 th Girls	(4) 8 min. quarters	10 ft.	Women's	15 ft.

- AFFILIATE:** National Federation of High School (NFHS)
- AGES:** The age divisions shall be based on the player's grade as of September 1 of the current school year.
- UNIFORMS:** Team uniforms (top/jersey) will be supplied by the GSL. Any size changes must be reported to the GSL Offices prior to coach look (participant sizes are ordered based on registration form).
- SHORTHAND RULE:** Teams will be permitted to play with 4 players in regular season play. In the event a team has 3 or less the game will be declared a forfeit and played as follows: the two teams will be divided equally and the game will be played.
- PARTICIPATION:** is mandatory for those players who have attended half the scheduled practices in that week.
- SUBSTITUTIONS:** At the halfway mark of each quarter the scorer's table will sound the horn for substitutions which everyone on the bench must enter the game at that time. **This is not a time out; substitutions should be made quickly. No substitutions may be made at any other time. Exception to this rule will be sickness, injury, and/or fouls out.**
- There will be a 1-minute break between quarters and a 3-minute half time for all games.
- OVERTIME:** The game will be extended by a 3-minute overtime quarter. **ONLY 1 overtime quarter will be played**
- STANDINGS:** **(1)** Win – 3 points **(2)** Tie – 1 point **(3)** Loss – 0 points
 - K-5 is a developmental league and therefore no scores or standings will be kept.
- SPECTATORS:** Spectators must stay on the opposite side of the player side. Coaches / Spectators are not allowed to stand behind the baseline at any time.

The Game

<u>League</u>	<u>Subs</u>	<u>Timeouts</u>	<u>Lane</u>	<u>Fouls</u>
K-5	@6 Min mark of Half	1 per half	N/A	N/A
1 st -2 nd	@3 Min mark of Qtr.	2 per half	5 seconds	5
3 rd -4 th	@4 Min mark of Qtr.	2 per half	5 seconds	5
5 th -6 th 7 th -8 th	@4 Min mark of Qtr.	2 per half	3 seconds	5

- 1. Players:** All players must be registered with GSL and have gone through the draft to be placed on a team. Players must be within the division grade as of the current school year. Players that are participating on a 7th or 8th grade A or B team are eligible for GSL play.
- All teams should strive for improvement always; however, should a coach find himself or herself in a situation where their team is clearly dominant, an effort should be made to keep the score reasonable. ****Reasonable is not beating anyone in a Recreation League more than 20 points.****
- All workouts, activity areas and times will be assigned by the GSL and must be followed. Some practice facilities are being borrowed from the Greenville ISD. Some gyms are posted NO food or drink, please abide by these rules. Only players participating in the scheduled game or practice will be allowed on the court.**
- Game Clock:** The clock is a **running clock** and **stops only for time-outs** and the **last two (2) minutes in each half** when it will stop on every whistle. If a team is ahead twenty (20) points or more during the last two (2) minutes of each half, the clock will remain a running clock, stopping for timeouts only. The game officials may use their discretion to stop the clock for injury, ball retrieval, etc. Each team is granted **two (2) timeouts per half and they do not carry over if not used.**
- Full Court Defense (Press)** **In all divisions if any team is twenty (20) points or more ahead NO FULL COURT DEFENSE is allowed by leading team. Trailing team may continue to press.****
K- 5 - No full court press at any time or half court press.
1st-2nd - May full court press during the last (1) minute of each half.
3rd-4th - May full court press during the last (2) two minutes of each half.
5th-6th & 7th-8th - May full court press at any time.
- 6. Defense:**
 - K-5** must retreat to their end and be inside the 3pt line.
 - 1st-2nd** defense may pick up the offense once the ball crosses the 10-foot volleyball line. man-to-man defense.
 - 3rd-4th** defense may pick up the offense ball handler once the ball crosses half court. May play either zone or man-to-man.
 - 5th-6th** teams may play either zone or man-to-man.

K-5 Development League

- Head coach from each team can be on the court during games. Teams will play full court.
- Defense should transition to inside the 3-point line and play man-to-man defense.